

I've mentioned it many times and you've heard my success stories, mention it as well, and that doors are open now. So you can start today and imagine getting pregnant in just weeks. And then I can be telling your story on my next live master class. So here's an inside look at what you'll do in each step of my program. And then at the end, I'm even gonna give you a little sneak peek inside the program website so that you have a better understanding of what it is and how it works. So like I said, it's a little bit different. So I ask that you open your mind now and pay close attention and so then during the Q and a session, if you have any questions on how it works, I wanna make sure that it's clear that you know, how it can work, how it works, and that it's really easy for any woman to do.

So Module One focuses on Cycle Activation cause that's step one, right? So these are pressure point protocols. They're short and easy to follow instructional videos that guide you through activating fertility pressure points every day to balance your cycle until you get pregnant. Okay, so short and easy to follow instructional videos that guide you through activating fertility pressure points every day to balance your cycle until you get pregnant. So there's four cycle activation pressure point protocols for each phase of your cycle to activate your cycle and make sure that it's in healthy balance. Phase one is the Menses Activation Protocol. Phase two is Follicular Activation Protocol. Phase three is the Ovulation Activation Protocol and phase four is the Implantation Activation Protocol. And so then you repeat these protocols, every cycle, even if you don't have a cycle. So if you're somebody who hasn't had a cycle like, um, Jen, the success story you're gonna meet, uh, and momentarily who didn't have a cycle for two years, she joined the program and she went through the four phases of these, these cycle activation protocols. So she followed the instructional videos and she got her cycle back.

So each cycle, when you follow these protocols, each cycle gets more fertile than the cycle before. So it builds on each other. And so you continue following these protocols, every cycle until you're pregnant and this module supports natural and fertility treatment cycle. So if you're trying to get pregnant naturally, or if you're preparing for a fertility treatment cycle, you're going to follow these protocols to activate your cycle so that you can fall pregnant, whether it's naturally or with fertility treatment, these protocols are clinically proven. They were clinically tested pressure points that I used on hundreds of my patients over 10 years. So it's based on my training, the masters of science that I have as well

as over decades worth of experience. They've been clinically tested. They're easy for anyone to do at home, anytime and anywhere in the world. So you can be in your pajamas. You don't have to come visit me in my office. You don't have to make any appointments. You do this at home, in privacy, on your couch, on your bed, wherever, anywhere in the world, just need internet connection. This is ancient Chinese medical wisdom delivered to use modern technology. Christine says, even for the man, I'll get to that, um, in a little bit, but yes, um, these are there's one for men as well. So Nadine, another success story after two failed IVFs, her doctor gave up on her. She had stage four endometriosis, polycystic ovaries, hypothyroidism. Her AMH was only 0.3. She had three miscarriages, but she didn't give up.

She followed my advice to tee, and now she has a beautiful son who is a miracle. And she says, she always has me to thanks. And then we have Carmen. She's been trying for four years, she had PCOS, MTHFR, gene mutation and hypothyroidism. She used my program and she had less pain during her periods, her short cycle lengthened to a normal timeframe. So you can see she activated her cycle. And then she had her frozen embryo transfer and it worked and she got pregnant. So she prepared herself and activated her cycle before going into that FET so that it was successful. Here's other stories of having used these cycle activation protocols and improved symptoms like Heidi E. says she had no spotting and she had the energy to get back to work

right after starting. The videos are easy to follow. They're a doable length. The music in the background of the instructional videos is soothing and helps her relax. And she says, she feels like a pro at finding the acupressure points because I explain it so well and she can really feel the sensitive spots. Katya says she

has no pain, no cramps, no clots with her period. Adriana, her uterine lining increased from 6.5 to 8 millimeters. Someone said that their period previously had only been one day and now it's longer, it's two days. So these are just examples of some cycle activation. Destiny - yes, these protocols are for women, not men, these specific ones I'm talking about, but I do have a specific one for men. I'll tell you that's in a bonus section. So I'll get to that momentarily. And then there's module two, which is the Fertility Activation Wellness. And this is the toolkit for priming your body and your womb for pregnancy. So it includes a dietary guide, fertility exercises, wellness activation pressure point protocols. There's an immune

Boost protocol, which is obviously really important in this day and time. And, there's a digestive support protocol, which is also really important for fertility to have healthy digestion, to feed your fertility, 'cause it's not just what you put in your body, but your body's ability to assimilate that nutrition, make healthy hormones delivered to your eggs and so forth. And then there's also a sleep soundly protocol so that you can sleep soundly protocol so you can get better sleep because that really affects your egg quality as well as your hormonal balance. So I made sure to include wellness activation pressure point protocols, to support your body, prime it for pregnancy, support your womb. And there's also a home and body detox guide as well. Rosie said, I've used your immune boost protocol and your digestive acupressure protocols to help recover from a stomach bug.

And it's massively helped me to rebalance. So that's just a great example of how the wellness protocols also support your fertility and your whole health so that you don't get sick. And then that just takes away from all the progress that you've made in improving your fertility. So you have tools there to continue supporting yourself. Yes, Rita, this program will help you to increase your uterine lining. We have a lot of success stories of that. Josie - she got pregnant, um, at 40 with my program, she had had low ovarian reserve and her doctors told her her chances were slim to none to conceive naturally. So module three is the empowered fertility tracking program. And this is everything you need to measure your improvements and know you're on the path to pregnancy. So again, step three is the, um, tracking pregnancy path tracking. So this module will cover your bases so that you can budget your fertility, so to speak.

So they are done-for-you fertility tracking tools. There's cycle trackers, checklists and calendars. Diane said she's 39 years old when she got pregnant after three cycles, following my method. And she said, she taught me how to track my cycle, which helped take me off the devastating emotional roller coaster ride. When I got my period, I had faith that I was, what I was doing was helping and I highly recommend this for anyone. Oh, you're welcome Tara. She says, thank you for your amazing wisdom. That's so sweet. It's really rewarding. And I, I feel humbled. Thank you. Um, and module four is a fertility activation mindset and this is my toolkit for staying positive and relaxed until you're pregnant and during pregnancy too. So it includes guided fertility relaxations, fertility affirmations, emotional wellness journal, and an on-the-go stress relief pressure point protocol. Sonya said, you gimme so much hope. Thank you. You're welcome. Good. I wanna give you hope. I want you to feel inspired and your faith renewed today. Amna, another success story. She was diagnosed with secondary infertility. She'd been trying for three years at the age of 42, she had high FSH. Her cycles were really short and her period only lasted a day. But with the program, she managed her stress levels and her FSH went down to normal levels to, uh, level five and her cycle was regulated and her period lasted longer. And she got pregnant after three months on the program. So here's what you're gonna receive. You are going to get module one, which is a fertility activation method protocols. And this is worth just about \$5,000. And module two is the empower fertility tracking. And that's a value of about \$400 and module three is a fertility activation wellness, and that's worth about a \$1000 and module four is a fertility activation mindset, which is a value of about \$400. Altogether these four modules are worth \$6,788, but what else might you need to succeed? I wanna make sure all the bases are covered, right? So bonus number one are

three quick fertility boost pressure point protocols. So there's an egg quality boost protocol 'cause I know so many of you are concerned about your egg quality and of course you always wanna keep your egg health great. And then there's a hormone balancing protocol, 'cause this is also really crucial balanced hormones for having an active healthy cycle. So you can fall pregnant and healthy cervical mucus protocol 'cause that's important as well. A lot of women don't have healthy cervical mucus or don't have any cervical mucus at all. So the, these are three bases I wanted to make sure were covered because they're so important. And so these three alone are a value of \$297.

Erica says that she she's on day 13 of her cycle. Notice way more fertile, fertile mucus over the last two days, hooray! Catherine says she wanted to show me her charts. Her AMH levels went from 1.9 to 3.5 in six months and she will be 42 years old in two months. So she was really happy with the results. You can see she's got a beautiful BBT chart here. You'll learn all about BBT charting in the program as well. And not just from the perspective of like when did I ovulate, but from a Chinese medicine perspective so you know you can look at your chart and you can know what improvements are going on in your cycle. Then there's bonus number two, which is a fertility treatment, a fertility activation method for a fertility treatment cycle, whether you're doing IUI, IVF, frozen embryo transfer, donor egg, there's a retrieval success pressure point protocol, embryo transfer success pressure point protocols to do before and after an embryo transfer. And there's a fertility treatment planner. This is worth almost \$2,000 alone. Another great testimonial after three rounds of IVF with multiple eggs not making it to a viable transfer, she then followed my program for three months before her fourth retrieval. She had three eggs make it to blastocyst stage, which had never happened for her before and with success on the first egg transfer. She's now six months pregnant. Thank you so much. I sincerely believe that the pressure points and supplement guide made all the difference. We were advised after our third round of IVF to use an egg donor, but felt we should give it one more go and thanks to the Fertility Activation Method™, it worked. So no matter what your case is here, I love giving really tangible results. So, you know, having done an IVF before and not even getting to be able to transfer to then having three really good quality, um, embryos, those are really tangible results of the program.

So no matter what your situation is, you know that this can work for you. Cause there's so many different situations that this program has worked for. So another woman said, um, Erica, she said, I'm doing timed cycle. My AMH in 2018 was 30. She was 30 oh 0.37 and then 0.6 in June. And now it's 1.07 yesterday. I'm so happy. And I have a 16.5 dominant follicle. Thanks so much Heidi. So I know a lot of women are also concerned about their AMH levels. And so I have many, many examples of women whose AMH levels were improved by using my program. And so some of you were asking about male fertility, so they're bonus number three. We, of course we wanna make sure that the man is covered. Um, because 40% of cases of infertility are both male and female factor infertility. So like I said it's often overlooked.

And even if your men's swimmers are great, there's no obvious problem, the stronger you can make them the better 'cause it can help to overcome issues on your side. So, there is a healthy sperm pressure point protocol. I've had women tell me that the motility was improved, count was improved and morphology was improved. There's also male fertility guide, which tells, um, specifies what supplements he should take and uh, dietary recommendations as well. And there's a guide there that also, explains how he can tailor the program to work for him as well. And that's a value of \$600. So here's an example. Um, Kristen, her husband had zero motility and had been for months, but then she was, um, he was following the recommendations and the protocol in my program, and he now has normal to high motility based on this test that they did. And she was crying that she was so happy. And another bonus, of course, I wanna make sure that you're covered when you get pregnant, because that's the whole point, right? That you get pregnant using this program and then you're gonna freak out 'cause you're gonna be like, oh, I'm pregnant or especially if you've ever had miscarriage before. And so you wanna be

able to support your pregnancy. And so there is a pregnancy support protocol and this is my clinically proven pressure point protocol to help that baby stick. So that you end up holding that baby in your arms in nine months. And this is a value of \$297. Here's an example, Martina she'd been trying to get pregnant for almost two years with one miscarriage. And so then she got pregnant using my protocols and now she's currently 24 weeks pregnant when she wrote this. So she continued using the pregnancy support protocol and the pregnancy stuck. So she was super happy about that. And then of course we wanna make sure that you have the support that you need.

So bonus number five, you will have access to a private support group. It's a Facebook group where only members of the program are in there and they're the only ones that can see any of the posts, any of the activities in the group, we make sure that only women who have bought the program are allowed to join. So it's very private and this is where you'll get 12 weeks of guided community support. And the members-only Fertility Activation Method™ Facebook group, and my team will be in there helping you every step of the way using the program, tailoring it for your specific situation. Um, Cindy she's here's, um, she got pregnant, um, and she's 17 weeks pregnant after using my program. She had had previously three various medical terminations, but now she has a healthy pregnancy and she said, I'm grateful for Heidi and her team for, and for this group for showing us the way.

So to all of you out there, you are not alone and yes, it does work. So she posted this in the support group and it's just a testimony to the support that we give in the program and the support that you'll have from the other women in the program who are on the same path as you. This is another beautiful success story. This is from a few years ago, this is Devin. I just love this picture of her and her husband. They were like five months pregnant this time. Um, she had gotten pregnant at 38 after four years of trying, three failed IUIs, two failed IVFs, an ectopic pregnancy and endometriosis. Um, after using my program, her egg count more than doubled, even though she was three years older. So that's really significant. That shows you that your egg quantity can improve. And then she had a successful IVF cycle. So let me ask you how much time, money, stress and drug exposure do you think you could save if you join this program? When you join the program, you'll get immediate lifetime access to the entire system that I just told you about. So you'll get module one: fertility activation method four phase protocols, module two: the fertility activation wellness kit, module three: the empowered fertility program, module four: the fertility activation mindset kit. You'll get the bonus fertility boost protocols with the, um, hormone balancing, the egg boost protocol, the cervical mucus protocol, you'll get the bonus fertility activation method for a fertility treatment cycle. You'll get the bonus male fertility activation system and the bonus pregnancy support protocol as well as the bonus private Fertility Activation Method™ Facebook support group access. So this is total worth of over \$12,000. But you can get it today. You can join, you can do the monthly payment plan at \$297. So you can join today for just \$297 followed by three monthly payments of \$297 or your best value would be doing the single payment of \$997. And if you do do the one single payment in full of \$997, you'll get some bonus video downloads of those fertility exercises so that you don't have to have an internet connection to be able to do them. And you can do them on-the-go. We're gonna put the offer up now so that you can click on the link, uh, and go to the checkout page to join the program.