

My 4-Step Fertility Reset Plan

My proven pregnancy strategy that works...

- ✓ Yes, even after failed IVF or miscarriage or your doctor has given up on you!
- ✓ Yes, even over 40!
- ✓ Even if you have fertility complications



If you're watching the replay,
you can still ask questions in the
chat box and we will email you the answer.

Please wait until the end.

HEIDI *brockmyre*

**Where are you
tuning into from
today?**



HEIDI *brockmyre*

THANK YOU!

HEIDI *brockmyre*



Before We Start:

Turn off your phone, close your other tabs, and remove any other distractions.

HEIDI *brockmyre*

Why are we here?

To help YOU get pregnant!



So you can move on with your life and be a MOM!

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You're in the right place if...

You're tired of wasting
time and worried about
getting left behind by
your friends who already
have babies.



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You're in the right place if...

You're ready to take action using step-by-step trusted guidance that works to get you pregnant now...

even if you have a fertility challenges.

You're in the right place if...

You're ready to believe in your body's ability
to get pregnant AND
to actually see and feel it working...
even though your doctor may have failed you.

This is NOT for you if...

You're not willing to learn more about how to support your fertility so you can get and stay pregnant.

This is NOT for you if...

You're not willing to consider trying
something you haven't yet tried.
(Something that actually feels good.)

This is NOT for you if...

You are not willing to invest time, energy, money, and consistency into being the healthiest version of yourself so you can have your healthy baby.

This is NOT for you if...

You plan on watching this entire FREE presentation then get upset when I offer you the opportunity to invest in a method that can help you get pregnant an easier, faster, healthier way that's been proven to work by research and hundreds of case studies.

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My promise to you...

I will deliver as much value as possible in this FREE masterclass, including my in-depth supplement checklist, an acupressure demo and a Q&A session.



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My promise to you...

Nothing I will teach you is based on theory.

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My promise to you...

Everything you'll learn has been
tested and proven to work.

I just ask that...

You give yourself and me
this time to help you.

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I just ask that...

You listen with an open mind (my approach is integrative and unconventional).

I just ask that...

You treat me and others with respect
in the chat box.

HEIDI *brockmyre*

I just ask that...

You refrain from asking questions in the chat box until the end of the webinar

I would like to ask...

You take a deep breath, relax
and thank yourself for being here.

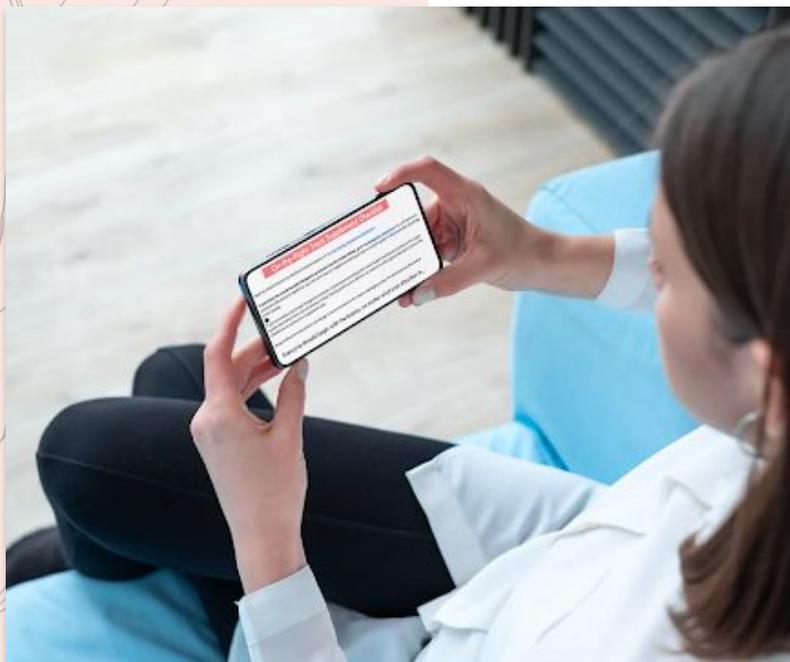
During this masterclass you are going to learn...

- My 4-step proven method to reset your fertility and get pregnant that you can start now.
- Understand what the problem is, what 4 things you can do now to fix it and finally get pregnant and have your baby.

During this masterclass you are going to learn...

- A simple acupressure demo to show you just how effective my acupressure protocols are for getting and staying pregnant.
- We'll talk about how your doctors have failed you. We'll clear up myths, like “you're too old”.
- Stay until the end to ask questions about your fertility challenges during the Q&A session and how it can help your specific case.

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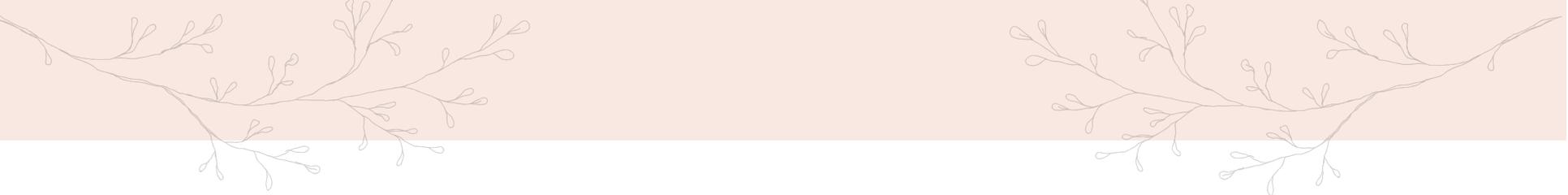
IF YOU STAY TO THE END...

(\$60 Value)

On-the-Right-Track Supplement Checklist

A done-for-you customizable checklist to know exactly which supplements to take for your specific situation.

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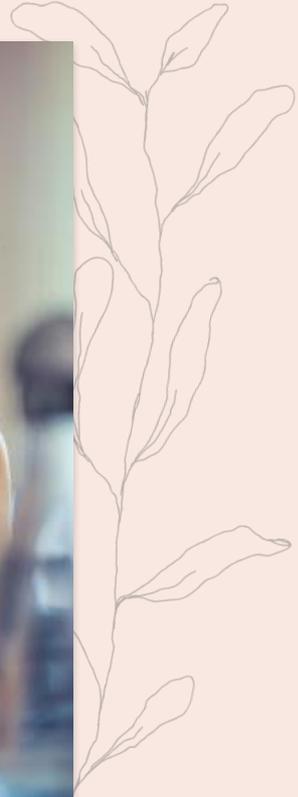
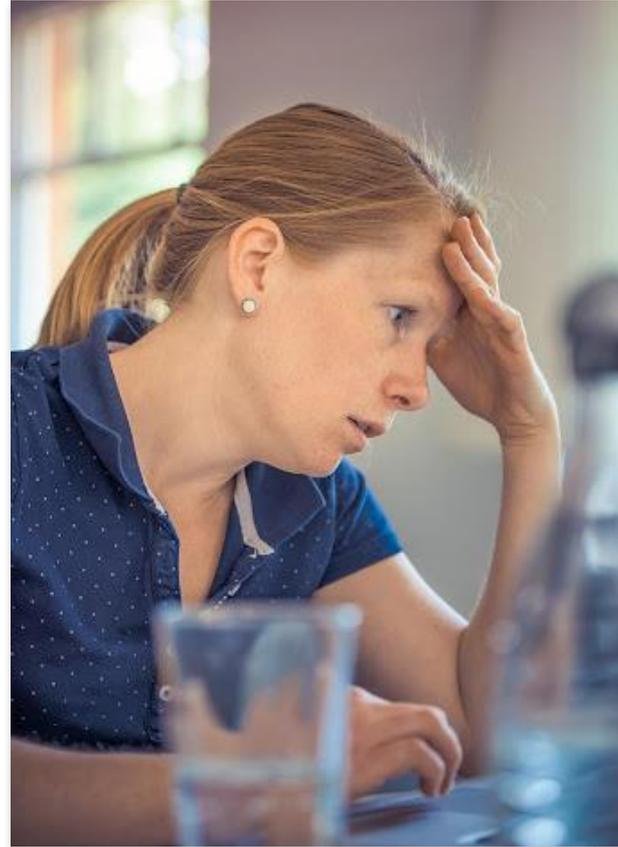
Who's ready to change their situation today?

Type YES in the chat box if you are :)

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Meet Jane

Jane is 41 years old. She's been prioritizing her health and fertility but is exhausted that her efforts haven't paid off with a positive pregnancy test yet.

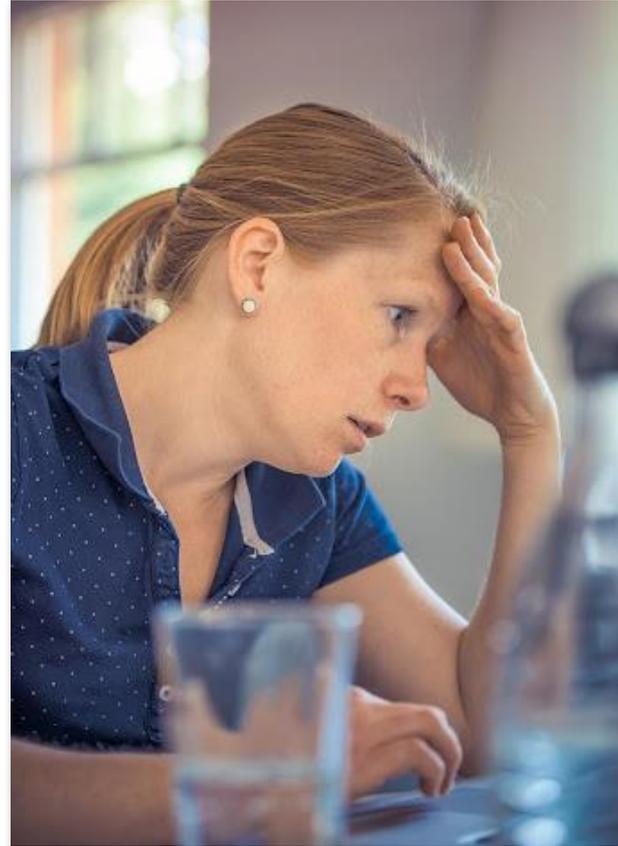


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Meet Jane

This is causing financial and relationship stress.

She's listening to the doctors but their solutions are not answering her problems (and sometimes, even creating MORE problems).

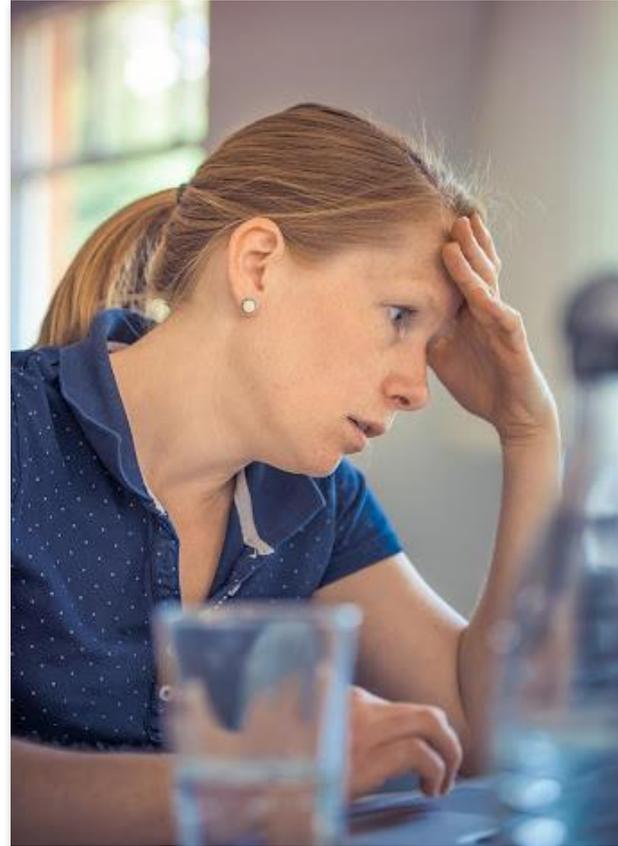


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Meet Jane

She's stuck and knows there are other things she could be doing.

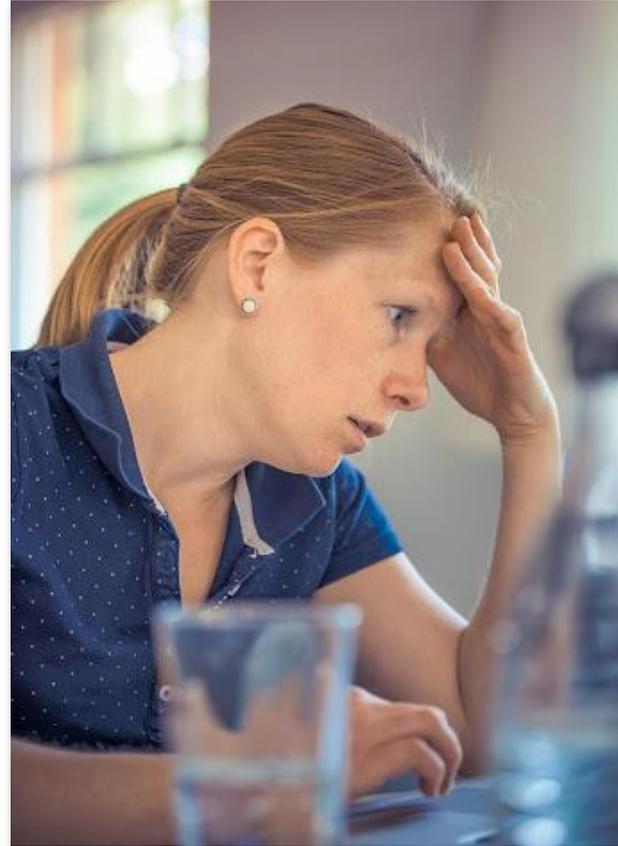
She feels the pressure of her body's clock but doesn't know what else to do in her situation. Time keeps passing her by and she's worried.



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Meet Jane

She is seeking a solution that helps her feel empowered through a painless, effective, proven holistic modality that can help her body function as it can and should, so that she may become and stay pregnant.



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Can you relate to Jane?

Type YES in the chat box if you can :)

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Meet Eva



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She's also 41 years old and has had 2 failed IVF cycles. Her doctors didn't have the answers.

She also felt worried about wasting more time but knew she couldn't give up.

She wanted to do something she trusted would work so she got my help.

Meet Eva



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She finally got the answers that she needed and was able to take action following my method, using my painless acupuncture protocols.

She believed in herself again and **she got pregnant naturally**. She was able to move forward in her life feeling fulfilled.

She turned to holistic medicine with no stress, needles or pain.

There are two options



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Jane - Choice A

Still stressed out, looking for answers alone, not taking action, time passing by



Eva- Choice B

Took easy holistic action, now joyfully feeling her baby growing in her belly

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The #1 way I helped Eva have her beautiful baby boy was by showing her how to be the healthiest version of herself.

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I taught her my step-by-step method to understand what the problem was, how she could fix it and measure progress... all the way until her son was born!

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First, I'll tell you a little about myself and how I help women like you and Jane finally have their babies.

Hi!

I'm Heidi Brockmyre

- I'm a mom to a teenage boy in high school! (Eek!)
- I'm a pet parent to Clyde (dog) + Jake (cat).
- I recently got married and I am excited to welcome my new husband and his kids into our beautiful, blended family.



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Professionally, I'm Heidi Brockmyre, M.S., L.Ac.

- Masters of Science in Traditional Chinese Medicine &
- CA State Board Licensed + Nationally Licensed Practitioner of Acupuncture and Chinese Medicine
- I have over 10 years of clinical experience as a fertility specializing acupuncturist.
- I've worked with two of the most successful Reproductive Endocrinologists in San Diego.



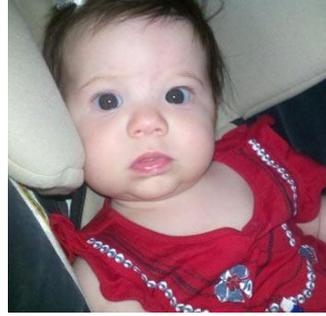
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Now I help thousands of women around the world through my online fertility program as a fertility health coach.



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Just a handful of the babies I've helped my clients conceive...



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I've been a guest expert in over 60 conferences,
publications, summits and podcasts



THE
HUFFINGTON
POST

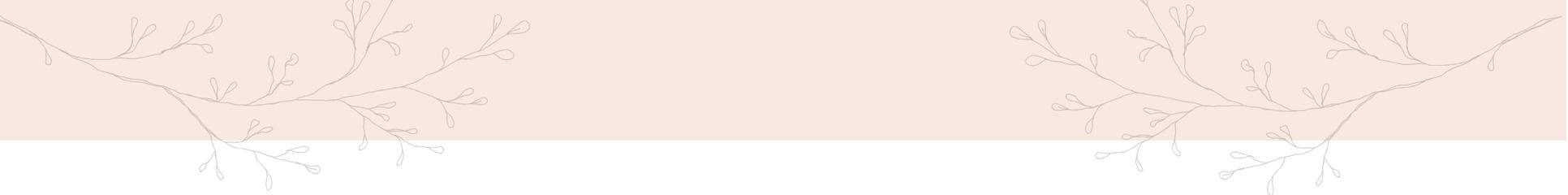


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I've used my unique clinical experience
to create a method that teaches women
how to have healthy babies
even when nothing else has worked.

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Before I created my 4 step method...

I wasn't having as much success as I wanted to with helping my patients get pregnant.

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Emily's Story...

One of my patients inspired me to do more...

Emily came to me after her second failed IVF cycle.

She was 41 years old.

Emily's Story...

Her doctors had given up hope.

They told her she had to use an egg donor.

Emily's Story...

Emily felt crushed.

She wasn't ready to give up on her eggs.

Emily's Story...

She tried a little bit of acupuncture before
but felt like it didn't work.

Emily's Story...

When she and her husband first went to the fertility doctors, they thought IVF would be a sure thing.

Emily's Story...

They felt at a loss after spending so much money
and still had no baby to show for it.

Emily's Story...

Emily decided she would try one more IVF cycle with her own eggs.

I had 3 months to work with her.

Emily's Story...

One day,
feeling frustrated and out of control,

Emily asked me...
“What can *I do* to make better progress?”

Emily's Story...

I knew that she really NEEDED to do things at home during her daily routine to make more progress.

Emily's Story...

The clinical methods I used took years of training,
clinical expertise and clear instructions.

Emily's Story...

So I worked overtime to create instructional materials so Emily could apply my method at home.

Emily's Story...

I taught her how to do the same acupuncture protocols that I did in the office on her own.

Instead of needles, she used her fingers and gave herself **acupressure** treatments at home every single day.

Emily's Story...

I also taught her how to support her daily home acupressure treatments with nutrition, exercises and other Chinese medicine modalities that she could do herself.

Emily's Story...

She was so grateful.

She diligently followed my instructions and it started to work wonders.

We noticed HUGE improvements.

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Emily's Story...

After two cycles following my method,
she waited for her period to start
so she can do another IVF cycle.

Emily's Story...

But Emily never made it back to the fertility doctor because she got a positive pregnancy test that month!

Emily's Story...

Emily went on to have a healthy baby boy named Eli.

Eli is 10 years old now.



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After Emily's success, I knew I
needed to teach all my patients my
method for supporting their fertility
at home.

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I saw that my method worked for my other patients as well.

My success rates improved.

My patients loved taking part in their successful outcomes.

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And I was happy to be getting more baby pictures!



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And now I get tons of amazing thank you messages from women all over the world!



Elisa 🇺🇸 | Dear heidi i still don't believe it but i got a positive pregnancy test after two months and half of using fam. No words can express what that means to me. I just wanted to thank u for all your support and positive energy, u have been a light in the darkness, after 4 years ttc + one failed ivf and fet, after a strong allergy to the drugs at 41 i am finally pregnant. . I am even scared to say that. Thank u again with all my heart

Like · Reply · 1d



Bethany 🇺🇸 | I just want to say that I LOVE the FAM program. I've been doing it since May, and it is doing wonders for my health, helping me prioritize self-care and get my system balanced. I also really appreciate all the podcasts that Heidi Brockmyre has done. They are so informative and encouraging. She really knows what she's doing, and I feel that I am in capable hands. I am realizing now that my cycles have always been problematic (very painful, irregular), and I FINALLY have the tools to fix them!

Like · Reply · Message · 2d

Adriana Bot

13:25

This is my second month on this program and my uterine lining increased from 6.50mm to 8mm 🥰👶

I just found out I am pregnant. So excited and scared. But thank you for helping me to calm down and relax. Rebecca



Hi Heidi,

I've used your immune boost and digestive acupressure protocols to help recover from a stomach bug and it's massively helped me rebalance. Thank you 🙏



Hello! I'm 37 about to be 38. My stress levels were through the roof for years, and it got my body out of balance. This is my 2nd month with FAM. The changes that I'm experiencing with this program are amazing. They are so amazing that I don't even get sad when I get my period anymore. I am finally making my health a priority. I wish everyone of you a lot of luck and I hope that we all will be sharing pictures of our little ones very soon.

Like · Reply · Message · 16h



I hope this is the right place to ask this question but i just found out I am PREGNANT!!!!!! and I was looking for the early pregnancy support acupressure videos in

to Heidi ▾

I got pregnant last year August due this year in 2019 I did do your natural remedy it was a great help with my determination to become pregnant and is pregnant with a healthy baby so thank you for all your information

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Now that I developed an effective method for women to use at home, they didn't need to come to my clinic for help.

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Then I realized I could share my method with women all over the world who were struggling to conceive.

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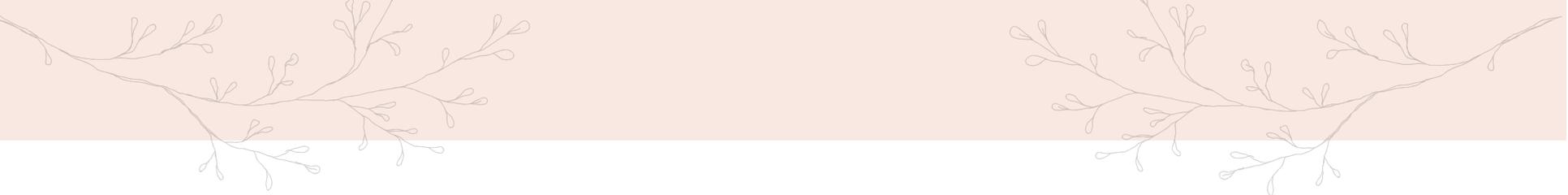
Questions for You:

Have you tried IVF or IUI?

If yes, what was the cost?

(Please type answer in chat box)

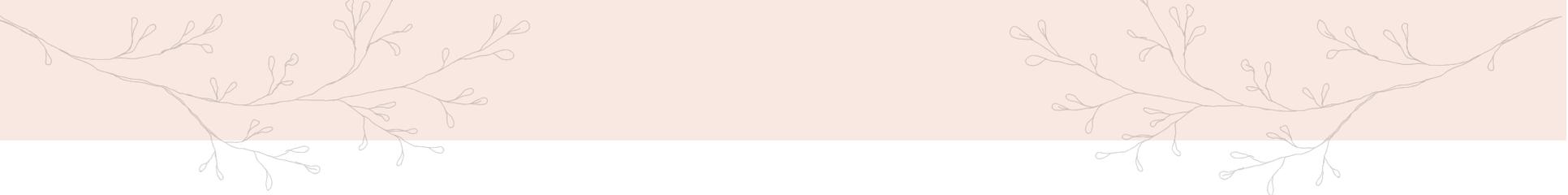
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Imagine if...

You could finally get pregnant without expensive and invasive fertility treatments (or make sure your next one works).

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Imagine if...

You knew exactly what to do at home to support your fertility and get pregnant, even if your doctor said your case is hopeless.

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Imagine if...

You knew that you were fertile, that you're not wasting time, and that it's just a matter of *when* you get pregnant because you're seeing and feeling results.

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I'm going to teach you how.

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IF YOU STAY TO THE END...

- **Acupoint demo**
- **Free supplement guide**
- **15-Minute Q&A Session**

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IF YOU STAY TO THE END...

**\$300 off the my signature
program, the Fertility
Activation Method™
(FAM).**

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Let's bust 3 common fertility myths...



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Myth # 1

“You’re too old.”

“You’re eggs are bad”

“You don’t have enough eggs left.”



Have you been told one of these?

(Type YES or NO in the chat box.)

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Your health and your fertility are resilient! Some doctors assume that your eggs and age are the problem when it may be something else that CAN be fixed.

You can improve your egg quality and egg quantity by addressing what is affecting them.

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I've helped many women become more fertile in
their 40's than they were in their 30's.

HEIDI *brockmyre*

Hi Heidi,

I just wanted to thank you and your program, 'Fertility Activation Method' for helping me get pregnant and go on to have a healthy baby girl on 04/04/20.

I started your program in January 2019 and by July 2019 I fell pregnant at the age of 46! Previously, I had had three failed IVF treatments. Your program really helped.

Thank you so much.

Kind regards

Chhaya Kotecha-Hyatt



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Also, male factor infertility is often
overlooked and unaddressed.

Male factor infertility can also be improved.

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Yes, it is true that age can affect
your fertility and eggs.

The older you are, the more time issues have to affect your health and become rooted.

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The truth is,
your fertility is a marker of your entire health.

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If you don't address your health issues now,
more serious problems may develop in time, like: cancer,
autoimmune disorders and/or difficult menopause

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My acupressure method teaches you how to
restore your fertility AND benefits your
long-term health.

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Shannon Lim-de Rooy I just turn 43, had been trying to conceive for 6 years, had fibroids removed, found I also had adenomyosis, endometriosis and hypothyroid. I tried many types of holistic medicine for more than 10years and I always believed the body can heal itself, until 2 years ago many the gynecologists tells me I have very slim chance, I am running out of time with my age, my eggs are low quality because of my age, even recommended egg donor as the best option. I felt pressured and did 2 rounds of IVF last year, which was not successful. Was supposed to go for 3rd one in March, but Corona happened and I also felt my body is just not ready for another round. I took FAM program, I felt good about getting my body into balance again, and I am in control of my body. Now I am 8 weeks pregnant, it came as a total shock to me, to be able to be naturally pregnant after hearing so many doctors having low hope on me. This totally renew my faith in my own body healing itself.. listen to your intuition and your body, it knows

Love · Reply · 2d · Edited



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“I started Heidi’s program about 5 months ago because I wanted to improve my uterine lining, my FSH levels and improve my cycle overall. My AMH was 0.4 and I was diagnosed with Diminished Ovarian Reserve.

I also did her Male Fertility Protocol on my husband every day and his sperm motility went from 1% to 35% in 4 months!

Without Heidi’s program, I wouldn’t be pregnant today. It took us 8 years to get pregnant. I had 3 failed IVFs. Thanks to FAM™, I got pregnant naturally.”

- Gabi S.

Myth # 2

“If you've been TTC without success, your next next step and/or only option is IVF (or other fertility treatment)”



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**Did your doctor
consider any other
solutions besides
fertility treatment?**

Type YES or NO :)

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Steps skipped and issues overlooked
that could've been fixed with a holistic
approach.

Fertility treatment alone is like trying
to get water from a stone.

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Many doctors don't explain the risks to their patients.

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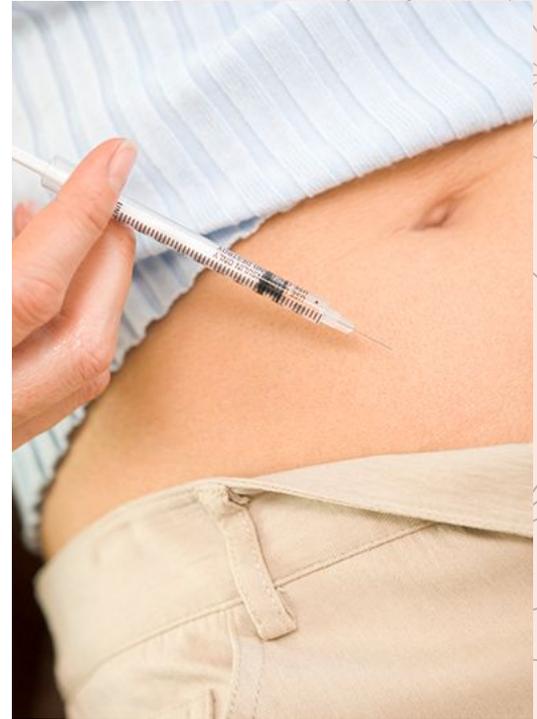
Also, rest assured that you can help your body
recover from fertility treatments.

Remember, you and your body are resilient.

That being said, here are some things
to be aware of...

Fertility treatment risks include:

- hyperstimulation of the ovaries.
- dangerous allergic reactions.
- Increased cancer risk for your child.
- abnormal growths - i.e. fibroids, polyps, endometriosis, cysts.



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I want you to know that
conventional medical fertility treatments
aren't the only way.

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My method teaches you how to address the root of your health and fertility issues. My method also teaches you how to help your body recover from fertility treatment you've already done.

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Antonella's Story

- Got off the pill after years, wasn't ovulating, possible PCOS
- Fertility specialist recommended IUI
- He gave her fertility drugs to force ovulation
- She STILL didn't ovulate so he told her she had to do IVF
- Followed my method and started ovulating and got pregnant within months!





Myth # 3

“Holistic medicine methods don’t work.”

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You may be skeptical. You may have tried “holistic” methods before and didn’t get the results you wanted.

You may not know enough about it because
no one pointed you in the right direction.

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The truth is, holistic/natural methods should be the first thing you turn to support your fertility and health.

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But not all natural or holistic methods are created equally. There are many trendy health fads that call themselves “holistic” that can be harmful.

You need to use a
proven, trusted holistic method. That's why I
base my method on Traditional Chinese
Medicine (TCM).

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Traditional Chinese Medicine (TCM)
is a natural and non-invasive.
medical system.

It includes using acupuncture, acupressure,
exercises, massage, nutrition, meditation and
other natural modalities to balance and
restore your health.

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Billions of people worldwide have used Traditional Chinese Medicine (TCM) for thousands of years.



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It is not a trendy health fad. Hundreds of studies have proved it effective for countless conditions.

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Many doctors and hospitals now integrate Traditional Chinese Medicine in their treatment programs. Including treatment centers for cancer, addiction, stroke recovery, fertility, pain and more.

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To legitimately practice TCM,
you need extensive training and licensure.

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TCM creates sustainable health,
giving you long-lasting POSITIVE effects.

It can get results quickly!

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TCM understands the energetics of the body and the mind-body connection whereas conventional medicine does not.

THIS is why it is so effective at naturally restoring your fertility.

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Conventional medical treatment often treats the symptoms without addressing the root of the problem.

This often doesn't work for treating infertility. For example, medications force your body to ovulate more eggs, but they don't improve your egg quality or the health of your uterine lining.

Conventional fertility treatments can make things worse and take more precious time.

They're expensive and, more often than not, they don't work according to statistics.

You may think your body is broken
because you're not yet pregnant. Your body is
actually wise!

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It knows it needs more resources before it's ready to be pregnant. Your body is protecting you and your future baby.

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Your body is waiting for the right time. When you give your body what it needs, your body will want to fall pregnant.

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You can get there.

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Brittany's Story



- TTC naturally for 1 year after one tube removed due to an ectopic pregnancy
- She tried some things on her own, like essential oils, massage and supplements but nothing really changed
- Dr. recommended fertility treatment but she wanted to avoid drugs and invasive procedures
- Using my method, she prepared her body and established a fertile cycle
- Got pregnant naturally within just a few months!



Lon

December 2 at 10:25 PM · 🐾



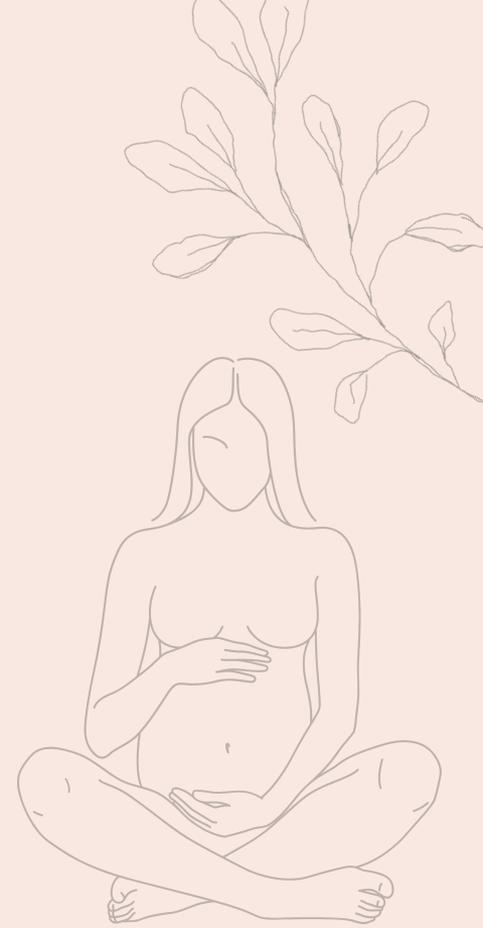
Wednesday win

After 52 days of no cycle. I ovulated and got my cycle without medication.. This system works!! I have only been using it for 1 month. I'm turning 46 tomorrow the Dr told me 4 years ago my

To recap, here's what you learned...

Myth Buster # 1

Your eggs may NOT be the issue. The real issue may be fixable. If it is your eggs, you CAN improve egg quality and quantity at any age.

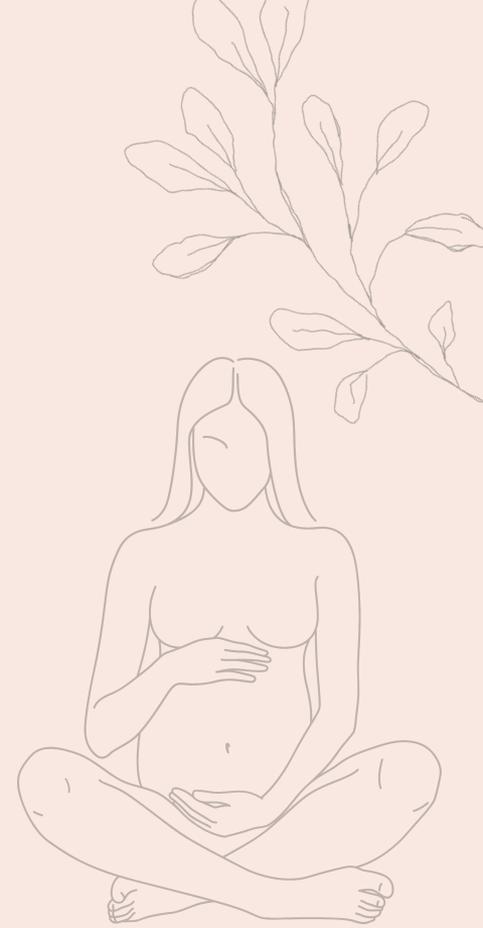


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To recap, here's what you learned...

Myth Buster # 2

If fertility treatment hasn't worked for you (or you don't want to use it), you can get pregnant using an effective and painless holistic approach.

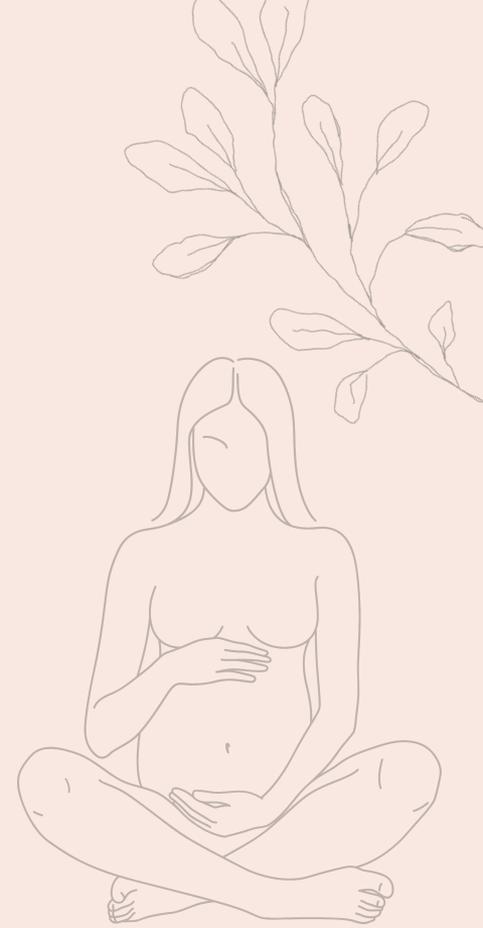


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To recap, here's what you learned...

Myth Buster # 3

Holistic methods address the root of the problem. They should always be used to restore your fertility, with or without a conventional medical approach. It doesn't have to be painful!



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A minimalist line drawing of a pregnant woman in profile, facing right. She is wearing a long-sleeved top and pants. Her right hand is resting on her belly. The drawing is light gray and occupies the left side of the frame.

Are you ready to...
be more fertile **NOW** so
you can finally hold your
sweet baby in your arms?

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Are you ready to...
believe that it IS possible to
conceive your baby by following a
proven plan to make
you more fertile?

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Are you ready to...
use a proven holistic method in
addition to what your doctors
recommend?

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4 Simple Steps to
Reset Your Fertility
& Get Pregnant
Faster, Healthier
and More
Comfortably



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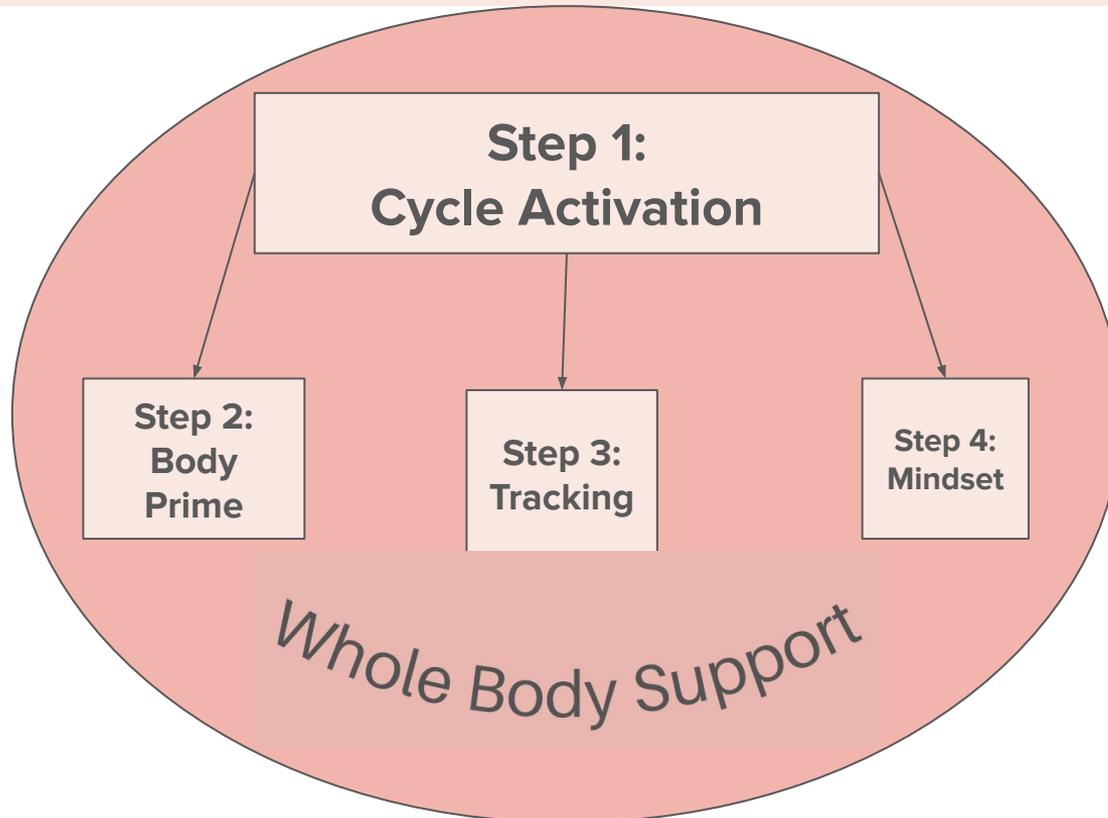
My Proven 4 Step Method

-  **Step 1:** Cycle Activation
-  **Step 2:** Pregnancy Priming
-  **Step 3:** Pregnancy Path Tracking
-  **Step 4:** Keep-The-Faith Mindset

Stay Tuned: One Live Acupoint Demo

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How does each step work together?





Step 1 - Cycle Activation

MOST important step! In this step, you balance each phase of your cycle to activate your fertility.

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Step 1 - Cycle Activation

The foundation of your fertility relies on a balanced cycle.



Step 1 - Cycle Activation

By cycle, I mean day 1 of your period through day 1 of your next period.



Step 1 - Cycle Activation

It includes:

- your period
- pre-ovulation
- ovulation
- implantation



Step 1 - Cycle Activation

Your egg health depends on a balanced cycle.



Step 1 - Cycle Activation

So does your egg quantity.



Step 1 - Cycle Activation

Your cycle needs to be activated and in balance for implantation to happen.



Step 1 - Cycle Activation

Your cycle needs to be activated
to have a lasting pregnancy.



Step 1 - Cycle Activation

Your cycle needs to be activated for fertility treatment success.



Step 1 - Cycle Activation

Once your cycle is tuned up, your body is ready for pregnancy.

Rita's Story

- 42 year old surgeon, failed IVF cycle
- Told she had bad eggs and not many left (Poor Egg Quality and Diminished Ovarian Reserve) and low AMH
- Recommended that she use an egg donor
- Balanced her cycle with my method
- She got pregnant naturally within 2 months!





Step 2 - Pregnancy Priming

In this step, you prime your body and womb to support pregnancy.

HEIDI *brockmyre*



Step 2 - Pregnancy Priming

Your body and womb must be ready to support a healthy pregnancy.



Step 2 - Pregnancy Priming

The right daily habits can help your body's readiness for pregnancy.



Step 2 - Pregnancy Priming

You incorporate pregnancy priming lifestyle habits into your daily routine.



Step 2 - Pregnancy Priming

With consistency, your body and womb have what they need to succeed.

Jenny's Story

Heidi - I found your program a couple months ago after 3 unsuccessful embryo transfers. I have one 2-year-old daughter via IVF, so I had not expected to have so much trouble this time. After 3 fails/miscarriages, I went online in search of something I could do to help myself, and I found your program. I only had a month before doing the next IFV transfer, so I committed to doing everything I could with acupressure, diet, zen yoga, warm foods and clothes, castor oil, etc. The only thing I didn't do was the moxa. I just got my first HCG results back, and my levels are 700. What a hugely positive first test!! I'm so thankful for your program's acupressure program for helping me doing something proactive rather than just passively waiting and hoping! Thank you so much! I have a second test in a few days, and I will report back.



HEIDI *brockmyre*

Re: (FAM) What's Working For You So Far? 🌟

Inbox x

heidi@heidibrockmyre.com x



Lisa Marko

to Heidi ▾

4:58 AM (22 minutes ago)

Hi Heidi and Team,

Yes, there are already improvements and I am only in the program for a week and half. Letting you know that I feel:

no night sweats

increased energy

improved sleep

less headaches

don't know yet on longer follicular or luteal phases. Hope it improves.

Thank you!

Sara Ra **Marko**

HEIDI brockmyre



Step 3 - Pregnancy Path Tracking

In this step, you track your progress so that even if you're not pregnant this month, you know you're on the path to pregnancy.

HEIDI *brockmyre*



Step 3 - Pregnancy Path Tracking

“If you can’t measure it,
you can’t improve it.”



Step 3 - Pregnancy Path Tracking

“If you can measure it,
you can improve it.”



Step 3 - Pregnancy Path Tracking

First you need to know what to measure and
how to measure it.



Step 3 - Pregnancy Path Tracking

When you know you're on the right path,
you feel confident about being on it.



Step 3 - Pregnancy Path Tracking

There are specific markers to measure improvements with your fertility.



Step 3 - Pregnancy Path Tracking

These specific markers also show you exactly what changes to make.



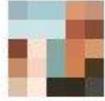
Step 3 - Pregnancy Path Tracking

By tracking your progress, you feel more confident about what you are doing.



Step 3 - Pregnancy Path Tracking

You won't feel so devastated by your period or a negative pregnancy test in the meantime

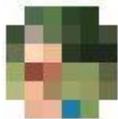


Bethany ■ ■ ■ I am over the moon today! I am on day 2 of my period, and I have not taken any pain killers yesterday or today. I have energy and mild (mangeable) cramping, which is night and day from how my periods have been my whole life!! Normally I'm practically overdosing on painkillers, writhing in pain in bed, unable to work, etc. The only explanation is that Heidi's program is working for me! I've been doing it for 3.5 months, and it's also clearing up a chronic yeast infection I've had since my miscarriage 5 months ago. It's helping me sleep better too! I am super optimistic that I'm on the right path towards having my baby.

[Like](#) · [Reply](#) · [Message](#) · 3d



HEIDI brockmyre



Paula   Hi Heidi, I just did my 1 month follow up on the Self Assessment Tracker and there are significant improvements throughout. Very happy with this! I still need to focus on Digestion & Hormones as experiencing the most symptoms in these two areas but overall the change in symptoms is noticeable.

[Like](#) · [Reply](#) · [Message](#) · 1d

HEIDI *brockmyre*



Step 4 - Keep-the-Faith Mindset

In this step, you use tools to keep your faith while on your path to motherhood.

HEIDI *brockmyre*



Step 4 - Keep-the-Faith Mindset

After many disappointments, it's difficult to believe in your body.



Step 4 - Keep-the-Faith Mindset

This causes more feelings of sadness, frustration, worry and anger.



Step 4 - Keep-the-Faith Mindset

When you're overwhelmed by difficult feelings,
it's harder to stay motivated.



Step 4 - Keep-the-Faith Mindset

And it just doesn't feel good.



Step 4 - Keep-the-Faith Mindset

You deserve to feel good on this journey.

HEIDI *brockmyre*



Step 4 - Keep-the-Faith Mindset

Sure, there will always be ups and downs.



Step 4 - Keep-the-Faith Mindset

But they don't have to be so drastic.



Step 4 - Keep-the-Faith Mindset

The more centered you feel,
the less stressed out you feel.



Step 4 - Keep-the-Faith Mindset

The more relaxed you feel,
the easier it is to balance your hormones.



Step 4 - Keep-the-Faith Mindset

It's not always easy
staying positive during this journey.



Step 4 - Keep-the-Faith Mindset

This step encourages a new perspective
and a calmer mind.



Step 4 -

Keep-the-Faith Mindset



Anna Kostyuchek 🖐️ Hello! I'm 37 about to be 38. My stress levels were through the roof for years, and it got my body out of balance. This is my 2nd month with FAM. The changes that I'm experiencing with this program are amazing. They are so amazing that I don't even get sad when I get my period anymore. I am finally making my health a priority. I wish everyone of you a lot of luck and I hope that we all will be sharing pictures of our little ones very soon.

Like · Reply · Message · 16h



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To Recap

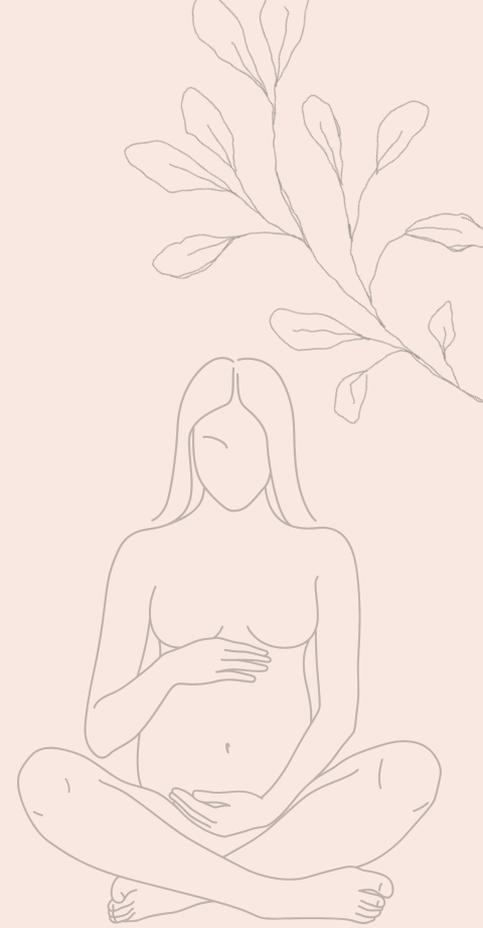
4 Step Method to Reset Your Fertility...

-  **Step 1:** Cycle Activation = healthier fertility
-  **Step 2:** Pregnancy Priming = healthier body
-  **Step 3:** Pregnancy Path Tracking = healthier choices
-  **Step 4:** Keep-The-Faith Mindset = healthier mind

***Bonus Step 5:** Healthy pregnancy support *HEIDI brockmyre*

This can work for you you even if...

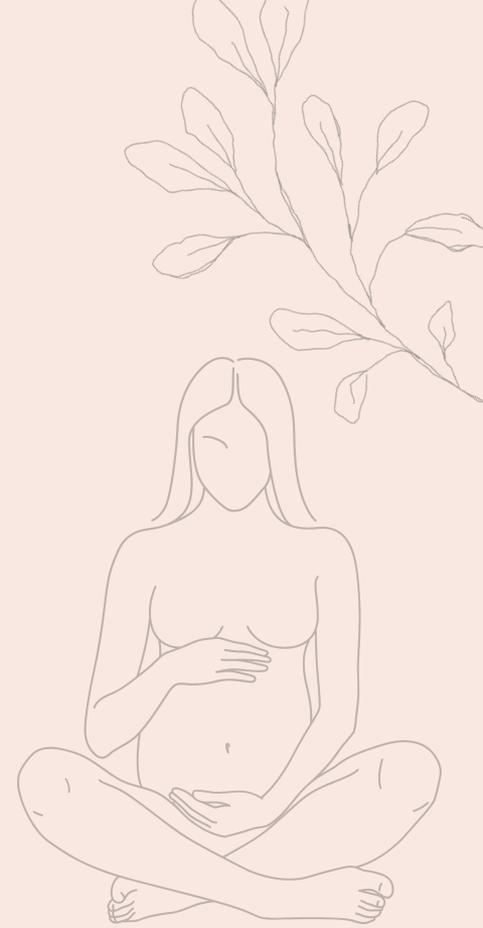
- You've had failed fertility treatments or your doctor gave up on you
- You're over 40
- You've miscarried before
- You've "already tried everything"
- You don't have time
- You have a complicated case
- You've never done anything like this before



HEIDI *brockmyre*

If you don't take action...

- More time will pass
- You may lose more money on expensive fertility treatments
- Your fertility issues can't get better
- Your health issues could get worse
- You'll feel more hopeless and helpless



HEIDI *brockmyre*



Acupoint Demo Starts NOW!

HEIDI *brockmyre*



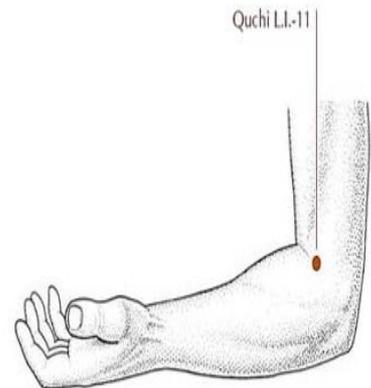
Acupressure is Backed by Research

Clinical Research studies have proven acupressure to be effective for:

- improving live birth rates
- uterine lining thickness
- embryo transfer success
- Improved egg quality

Large Intestine 11

- Good one for priming for pregnancy
- Helps detox both the liver and the intestines
- Regulates digestion
- This point also helps regulate fluid metabolism in the body, which helps prevent or resolve cysts. And it helps to reduce inflammation by clearing heat from the body.
- When it's used with other points, it works even better.





Do you want to get pregnant now more easily,
more comfortably
and have a healthier pregnancy
using a proven holistic method?

(Type YES or NO in the chat box.)

HEIDI *brockmyre*

Results don't happen on their own.

HEIDI *brockmyre*

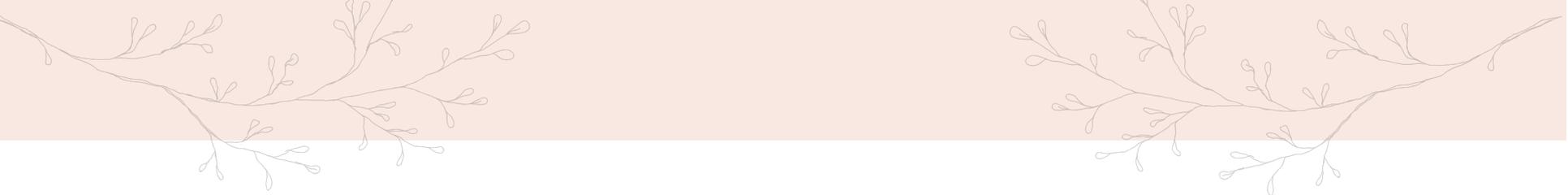
Each of my clients got results because they followed my step-by-step method.

HEIDI *brockmyre*

My Fertility Activation Method™ (FAM™)
is not just a bunch of theory.

It's been proven to work by my clients.

HEIDI *brockmyre*



If you can take away one thing...

I want you to know that you CAN get pregnant
a healthier more effective way.

(Even over 40!)

HEIDI *brockmyre*



If my other clients did, you can too!

HEIDI *brockmyre*



You don't have to search any further!

HEIDI *brockmyre*



Jane - Choice A

Going it alone, still stressed out worrying about wasting time.



Eva - Choice B

With the right guidance, joyfully feel your baby growing in your belly

There's only so much I can share
in this Masterclass.

HEIDI *brockmyre*



Want to hear how I can help you?

(Type YES or NO in the chat box.)

HEIDI *brockmyre*

Introducing the Fertility Activation Method™



HEIDI brockmyre



Doors are open now!

Imagine YOU getting pregnant
in just weeks!

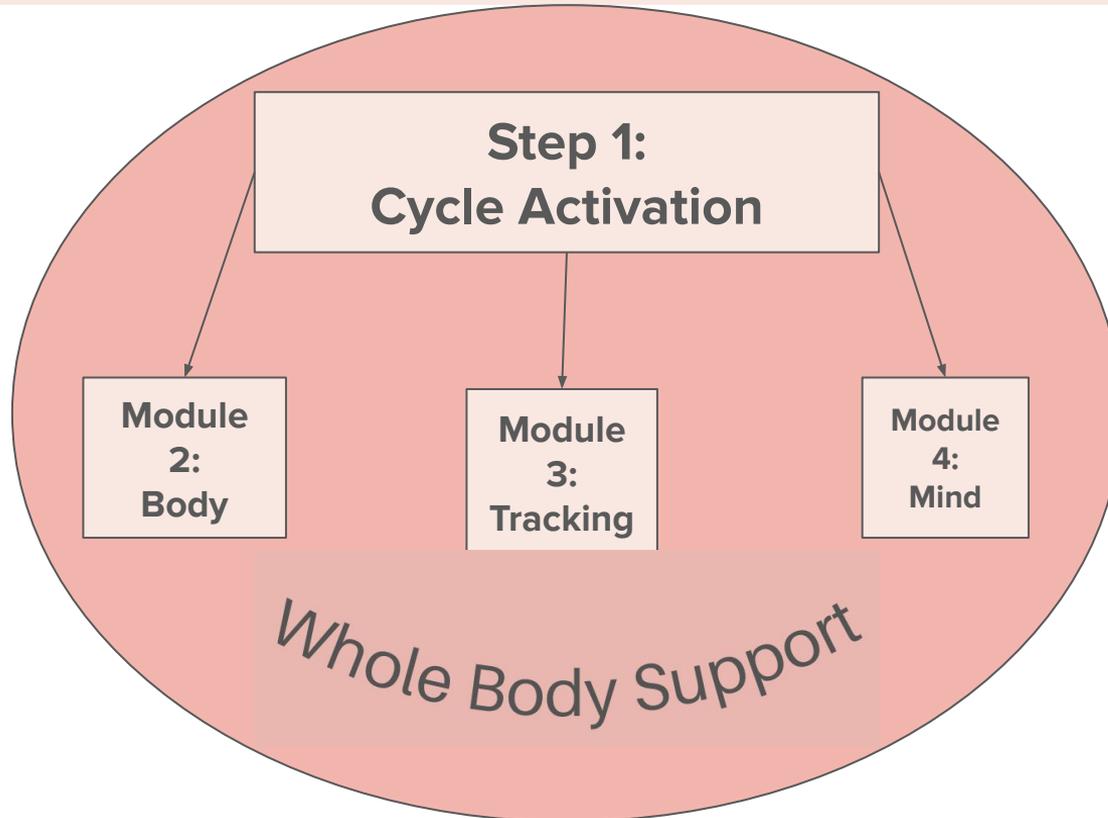
HEIDI *brockmyre*

Here's an inside
look at what you'll
do in each step of
my program...



HEIDI *brockmyre*

What will FAM do for me?





Module 1

Cycle Activation Pressure Point Protocols

Short (5-10 min) and easy-to-follow instructional videos that guide you through activating fertility pressure points every day to balance your cycle until you get pregnant!



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Module 1

Cycle Activation Pressure Point Protocols

Phase 1: Menses Activation Protocol

Phase 2: Follicular Activation Protocol

Phase 3: Ovulation Activation Protocol

Phase 4: Implantation Activation Protocol



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Module 1

Cycle Activation Pressure Point Protocols

Repeat every cycle until you're pregnant!

- Even if you don't have a cycle.
- Each cycle gets more fertile than the last until you're pregnant!
- This module supports natural and fertility treatment cycles.



HEIDI brockmyre

These protocols are clinically researched

- Clinically tested pressure points used on hundreds of my patients for almost 15 years
- Easy for anyone to do at home anytime and anywhere in the world
- Ancient Chinese medical wisdom delivered to you through modern technology



HEIDI *brockmyre*

Nadene's Story



Nadene

“After 2 failed IVFs, my doctor gave up on me. I was diagnosed with Stage 4 Endometriosis, PCOS and hypothyroidism. At 37 years old, my AMH was only .3 and I had 3 miscarriages. **But I didn't give up.** I followed all of Heidi's advice to the tee and now have my beautiful son who is a miracle. I have you always to thank, Heidi.”

HEIDI brockmyre



Katja Hi, I use the program since april. It's now the 2nd period after my last miscarriage in june. My period has improved. I have no pain at all, no cramps and no clots, just pure blood with a little mucus. Only a little lower back pain. I am really thankful. Usually I need painkillers. I hope to get and stay pregnant soon! Good luck everybody 🍀

Like · Reply · 3h



Adriana Bot

13:25

This is my second month on this program and my uterine lining increased from 6.50mm to 8mm 😊🎉



My period (previously 1 day only) was longer by 2 days. :)

Love · Reply · Message · 1d



"No spotting! (miraculous)

I had the energy to get back to work one week after starting FAM (2x daily) for the first time in several months!

The videos are easy to follow, easy to access 2x daily after downloading to my desktop, and a doable length.

I find the background music to be soothing and helps me relax into the treatment. I feel like I'm a pro at finding the acupressure points because you explain it well, and I can really feel the sensitive spots." -Heidi E.

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Module 2 Wellness Kit

Toolkit for priming
your body and womb
for pregnancy.



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Module 2

Fertility Activation Wellness

Includes:

- Dietary Guide
- Fertility Exercises
- Wellness Activation
Pressure Point Protocols
(Immune, Digestion, Sleep)
- Home and Body Detox Guide



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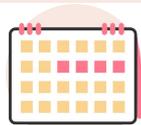


Rosie Ward 🖐️ I've used your immune boast and digestive acupressure protocols to help recover from a stomach bug and it's massively helped me rebalance. Thank you 🙏

Love · Reply · Message · 5d



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Module 3

Empowered Fertility Tracking

Everything you need to measure your improvements and KNOW you're on the path to pregnancy!



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Module 3

Empowered Fertility Tracking

Get pregnant faster with
Done-for-You Fertility Tracking:

- Cycle trackers
- Checklists
- Calendars



HEIDI brockmyre



HEIDI brockmyre

Diane's Story

“After 3 years of trying, at 39 years old I am pregnant after 3 cycles following Heidi's method.

She taught me how to track my cycle which helped take me off the devastating emotional roller coaster ride when I got my period. I had faith that what I was doing was helping.

I am so grateful for Heidi's online program and highly recommend it to anyone!”



Module 4

Fertility Activation Mindset

My toolkit for staying
positive and relaxed until
you're pregnant.



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Module 4

Fertility Activation Mindset

Includes:

- Guided Fertility Relaxations
- Fertility Affirmations
- Emotional Wellness Journal
- On-The-Go Stress Relief
Pressure Point Protocol



HEIDI brockmyre

Amna's Story

“At age 42, my doctors told me ‘there’s no hope’. I had been TTC for 3 years and had secondary infertility.

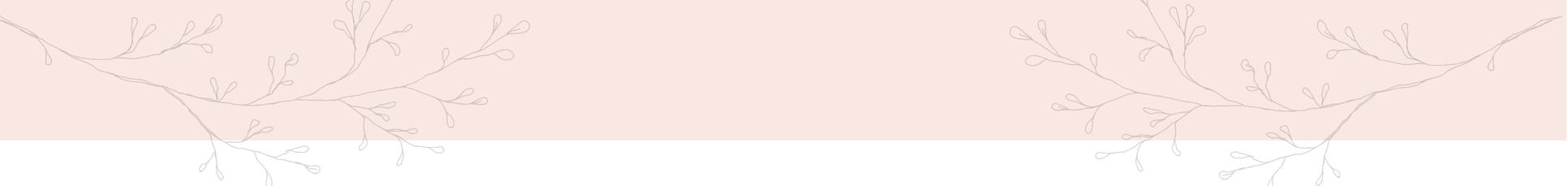
My FSH was high, my cycles were short and irregular and my period only lasted 1 day.

With FAM™, I managed my stress levels and my FSH went down to 5, my cycle regulated and my period lasted longer.

I got pregnant after 3 months on the program. I’m so happy I found it!”



HEIDI brockmyre



Here's What You're Going To Receive...

- Module 1: Fertility Activation Method™ Protocols (\$5,497 Value)
- Module 2: Fertility Activation Wellness™ (\$997 Value)
- Module 3: Empowered Fertility Tracking™ (\$697 Value)
- Module 4: Fertility Activation Mindset™ (\$397 Value)

Worth: \$7,588

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What else might you need to succeed?

HEIDI *brockmyre*

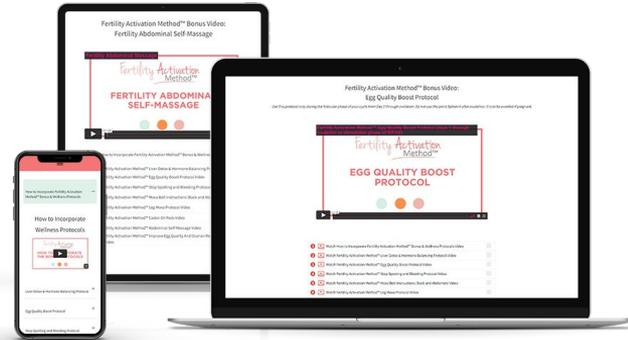
I want to make sure ALL the bases covered!
This means I've included several incredible...

Bonuses!

Bonus #1

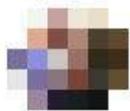
3 Quick Fertility Boost Pressure Point Protocols

- Egg Quality Boost Protocol
- Hormone Balancing Protocol
- Healthy Cervical Mucus Protocol



(\$497 Value)

HEIDI brockmyre



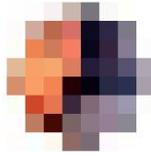
Erika

Hi Heidi I've been much more consistent with the acupressure and the fertility massage and castor packs doing all of these things daily and am on day 13 of my cycle and noticed way more fertile mucus over the last two days, hooray!

Love · Reply · 2d



HEIDI *brockmyre*



Catherine

Hi Heidi Brockmyre, I just wanted to show you my bbt chart since I've started your program as well as weekly acupuncture (8 months of acupuncture) My AMH levels went from 1.9 to 3.5 in six months (and I will be 42 years old in 2 months 😊)



8 hrs Love Reply More

HEIDI brockmyre

Bonus #2

FAM™ for Fertility Treatment Cycle (IUI/IVF/FET/Donor Egg)

- Retrieval Success Pressure Point Protocol
- Embryo Transfer Success Pressure Point Protocols
- Fertility Treatment Planner



(\$1997 Value)

HEIDI brockmyre



Em Russ

I am too!! 😊 After 3 rounds of IVF, with multiple eggs collected, and non making it to viable transfer stage, I then followed the program for 3 months before my 4th egg collection and had 3 eggs make it to blastocyst stage!! With success on the first egg transfer, I am now 6 month pregnant!! Thanks so so so much to Heidi, I sincerely believe that the pressure points and supplement guide made all the difference. We were advised after our 3rd round of IVF to use an egg donor, but felt we should give it one more go, and thanks to the FAM it worked!! Xx

Love · Reply · 14h



HEIDI brockmyre

Devin's Story



“I finally got pregnant thanks to Heidi’s program at 38 years old after 4 years of trying.

I had 3 failed IUI’s, 2 failed IVFs, an ectopic pregnancy and endometriosis.

After a few months of using FAM™, my egg count more than doubled even though I was 3 years older!

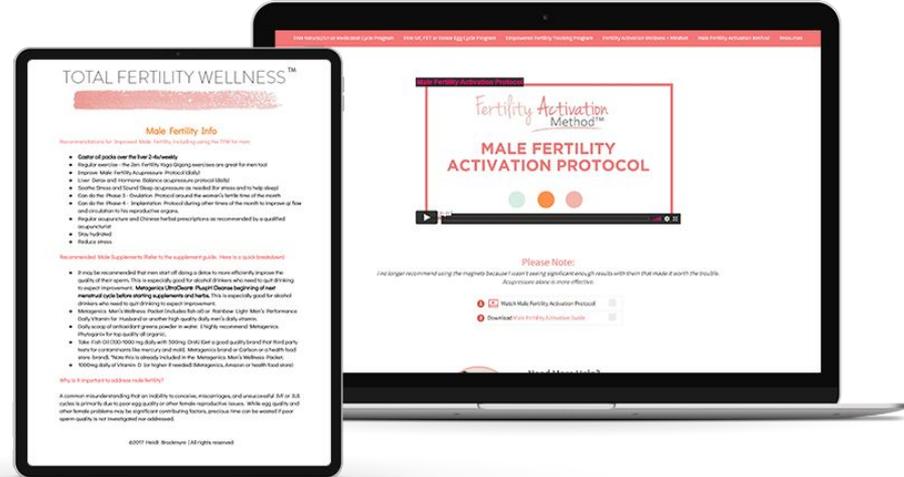
Then I finally had a successful IVF cycle thanks to her help!”

HEIDI *brockmyre*

Bonus #3

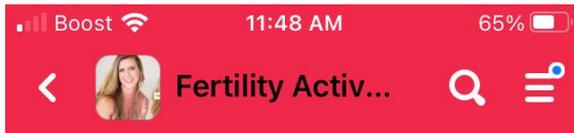
Male Fertility Activation System

- Healthy Sperm Acupressure Protocol
- Male Fertility Guide (diet, supplements, etc.)



(\$597 Value)

HEIDI brockmyre



 **Kristin F** 2d · 

Okay so I am literally bawling right now! For a year my husband has had low sperm motility. We have done tests and everything came back as ZERO motility. Well today we did this test and the dark purple color in the dot (it was white) means normal to high motility ... ladies that's dark purple! If it's low it's very light purple. I am in my two week wait and maybe this is it for us! Even if it's not I have so much hope now. We have been doing this program for almost 4 months now with the supplements that were suggested for us. I can't stop crying and I don't cry!



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Bonus #4

Pregnancy Support Protocol

My clinically proven
pressure point protocol to
help your pregnancy stick!

(\$297 Value)



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Bonus #5

Private Support Group

Daily guided support in the
Members-Only FAM™
Facebook Group

(\$597 Value)



HEIDI brockmyre

You'll get **immediate lifetime** access to the **entire system!**



HEIDI brockmyre

So you will get...

Module 1 Fertility Activation Method™ 4 Phase Protocols

Module 2 Fertility Activation Wellness™ Kit

Module 3 Empowered Fertility Tracking™ Program

Module 4 Fertility Activation Mindset™ Kit

Bonus! Fertility Boost Protocols

Bonus! FAM™ for Fertility Treatment Cycle

Bonus! Male Fertility Activation™ System

Bonus! Pregnancy Support Protocol

Bonus! Private FAM™ Facebook Support Group Access



WORTH OVER \$12,000

HEIDI brockmyre

Don't Panic!

This program is NOT \$12,000 or even close.



PAY IN FULL OPTION

Single Payment

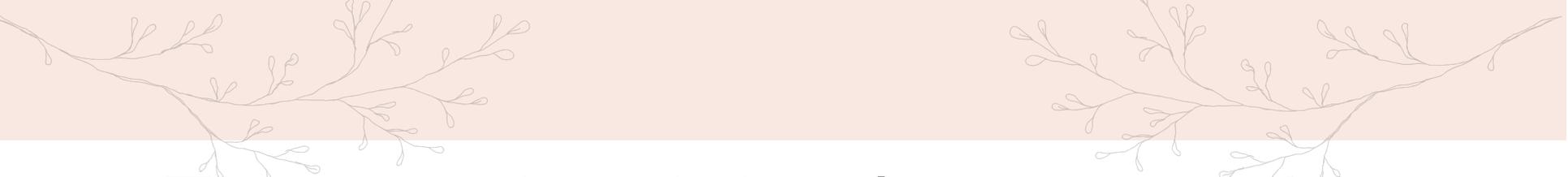
\$1,597

PAYMENT PLAN OPTION -

6 x Monthly
Payments
\$297

HEIDI *brockmyre*





The cost is minimal compared to:

⇒ Fertility treatments (or repeated treatments)
(Savings \$10K-100K)

⇒ Daily Acupuncture Treatments
(Savings \$10K)

⇒ Tuition for a Masters Degree in Chinese Medicine
(Savings of \$100K)



\$300 OFF PAY IN FULL OPTION
ONLY IF YOU BUY NOW!

BEST VALUE
Single Payment
\$1,297



Originally \$1,597



**FAST ACTION
BONUS
\$300 VALUE**

HEIDI *brockmyre*



\$297 OFF *ONLY IF YOU BUY NOW!*

GREAT VALUE
5 payments of
\$297



Instead of 6 payments of \$297



*FAST ACTION
BONUS
\$297 VALUE*

HEIDI *brockmyre*

Fast Action Bonus:

Pay in Full option is the best value!

Savings of \$188

- Full pay of \$1297
- OR
- 5 payments of \$297



HEIDI brockmyre

Fast Action Add-On #1

12 Weeks of LIVE Group Coaching Calls with our Certified FAM™ Coach for only an additional \$297 (normally \$697)



HEIDI brockmyre

It takes 3 months to see changes in your body.

THIS is the benefit of the getting personalized group Zoom coaching support for that duration.



HEIDI brockmyre

Fast Action Add-On #2

Total Pregnancy Wellness -

Add On for **ONLY \$497** (normally \$897!)

- 12 acupressure protocols to reduce and eliminate pregnancy symptoms
- Calming meditation tracks to eliminate anxiety
- Healthy recipes and wellness tips to support your baby and body
- Support repositioning of a breech baby



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If this program reset
your fertility and got
your body working like
it should again after
your doctors and
fertility treatments
failed you, why
wouldn't you buy it?



HEIDI *brockmyre*

If this program taught you
a research-based and
proven way to get
pregnant now without
painful needles, drugs and
appointments,
why wouldn't you buy it?



HEIDI *brockmyre*

If this program taught
you how to take your
fertility and health into
your own hands and
finally gave you
control over your
outcome, why
wouldn't you buy it?



HEIDI *brockmyre*

Miriam's Story



Plus you get lifetime access to the program.

My client, Miriam, used FAM to help conceive both of her children.

FAM can help you conceive multiple babies but without having to pay for it again.

You can't say that about IVF!

HEIDI *brockmyre*

Who's a good fit?

Any woman trying to conceive, even if...

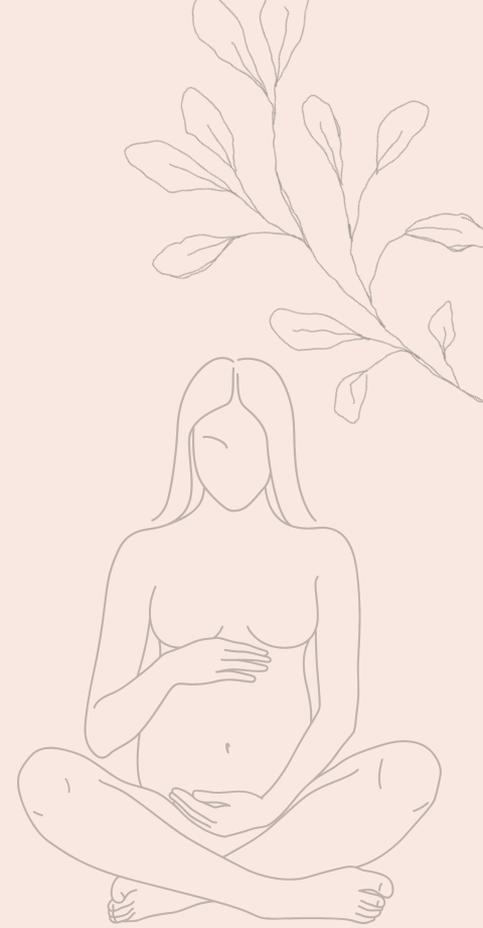
- You're over 40
- You have poor egg quality
- You've had failed IVF or IUI cycles/doctors gave up
- You have diminished ovarian reserve
- You have PCOS
- You have fibroids or polyps
- You have low AMH or high FSH
- You have endometriosis
- You've miscarried before
- You have other complicated conditions



HEIDI brockmyre

Who's NOT a good fit?

- If you've gone through menopause and/or over 50 years old
- If both of your tubes are severely blocked and you are NOT pursuing medical intervention (we can help some cases of blocked tubes)
- If you're not willing to actually follow the program and commit to your health.



HEIDI *brockmyre*

To recap, you'll get...

Module 1 Fertility Activation Method™ 4 Phase Protocols

Module 2 Fertility Activation Wellness™ Kit

Module 3 Empowered Fertility Tracking™ Program

Module 4 Fertility Activation Mindset™ Kit

Bonus! Fertility Boost Protocols

Bonus! FAM™ for Fertility Treatment Cycle

Bonus! Male Fertility Activation™ System

Bonus! Pregnancy Support Protocol

Bonus! Private FAM™ Facebook Support Group Access



Plus
Downloadable
Exercises

WORTH OVER \$12,000

~~\$297
x6~~

\$297
x5

or

~~\$1597
x1~~

\$1297
x1

HEIDI brockmyre



\$300 OFF PAY IN FULL OPTION
ONLY IF YOU BUY NOW!

BEST VALUE
Single Payment
\$1,297



Originally \$1,597



**FAST ACTION
BONUS
\$300 VALUE**

HEIDI *brockmyre*



\$297 OFF *ONLY IF YOU BUY NOW!*

GREAT VALUE
5 payments of
\$297



Instead of 6 payments of \$297



*FAST ACTION
BONUS
\$297 VALUE*

HEIDI *brockmyre*

To recap, if you add on the bonuses.

Fast Action Add-Ons

12 Weeks Zoom Group Coaching

➔ **ONLY \$297 (\$697 Value)**

Total Pregnancy Wellness Program

➔ **ONLY \$497 (\$897 Value)**



This is **YOUR** time.

Are you ready to finally **get pregnant now** a healthier, more relaxing, and effective way?

HEIDI *brockmyre*

Doors to FAM™ are open for a limited time.
(5 days only.)

HEIDI *brockmyre*

Add 12 Weekly Live Group Coaching Calls!

Led by a FAM™ Certified Coach, you'll get any additional support or coaching you need to implement the FAM method and see results in a group coaching container during a live weekly call. These calls are recorded for your reference as you continue on your journey to wellness, balance, and motherhood.

Purchase today with FAM™ for the special price of \$297 (Normally \$697 - Savings of \$400!)

Choose a pricing option

1 payment of \$1297
(\$300 OFF)
\$1297.00



5 payments of \$297
(Most flexible!)
5x \$297.00



Payment information

Credit card



PayPal



What happens when you go to the checkout page?

Click the Link to Pay Securely with Credit Card Or PayPal

HEIDI brockmyre



YES! Upgrade my order now!
Clicking here will add to your order immediately

By clicking above, a total of \$497 will be added to your order.

[No thanks, please do not add this offer to my purchase](#)

What happens when you go to the checkout page?

Choose to add on **Total Pregnancy Wellness** or continue with your order!

HEIDI brockmyre



What happens after you pay?

- Within the hour, you receive an email with login credentials to the FAM program
- You get immediate lifetime access

Fast Action Bonus

Only if you buy NOW!

\$300 off! If you pay in full

OR

Only 5 payments of \$297 instead of
6 payments if you choose the
payment plan



HEIDI brockmyre

Also, if you add on the bonuses. .

Fast Action Add-Ons

12 Weeks Zoom Group Coaching

➔ **ONLY \$297 (\$697 Value)**

Total Pregnancy Wellness Program

➔ **ONLY \$497 (\$897 Value)**

FAQs!

Q.: How much time will it take for me to see results? Should I wait to start until....?

A: The sooner you start, the better. You don't need to wait to start for any reason. Generally women get results between 3-6 months when used daily. The soonest a FAM™ member get pregnant was after the first month.

If preparing for an IVF or FET cycle, I recommend doing my program for 3 months in advance. However, the program can still help you immediately if you're starting a fertility treatment cycle this month. It's never too late to start.

HEIDI *brockmyre*

Q: I'm so busy. Will this take a lot of time?

A: It's doable! I designed it for busy women. Who isn't busy? You can do the program for a minimum of 15-20 minutes a day. Let's be honest...if you don't have that much time, you probably don't have time for a baby. But I know you'll make the time!

HEIDI *brockmyre*

Q: I don't understand how it works. Is the program easy to do?

A: Yes! ANYONE can do it from anywhere! The program is super easy to follow, even if you have zero experience with acupressure. You just follow along with the instructional videos while laying around on your bed or couch! Plus my team will make sure you know where and how to begin and follow each step of the program. We're here for you!

HEIDI *brockmyre*

Q.: I want to join the program but how do I get my husband on board?

1. You need to do **something** to *improve* your fertility or your situation won't change. This is a very cost effective solution that will save you and your husband money.

2. FAM is less expensive and more effective than acupuncture because you can do it at home on a daily basis as long as you need.

3. You will feel better. A happy wife = a happy life.

HEIDI *brockmyre*



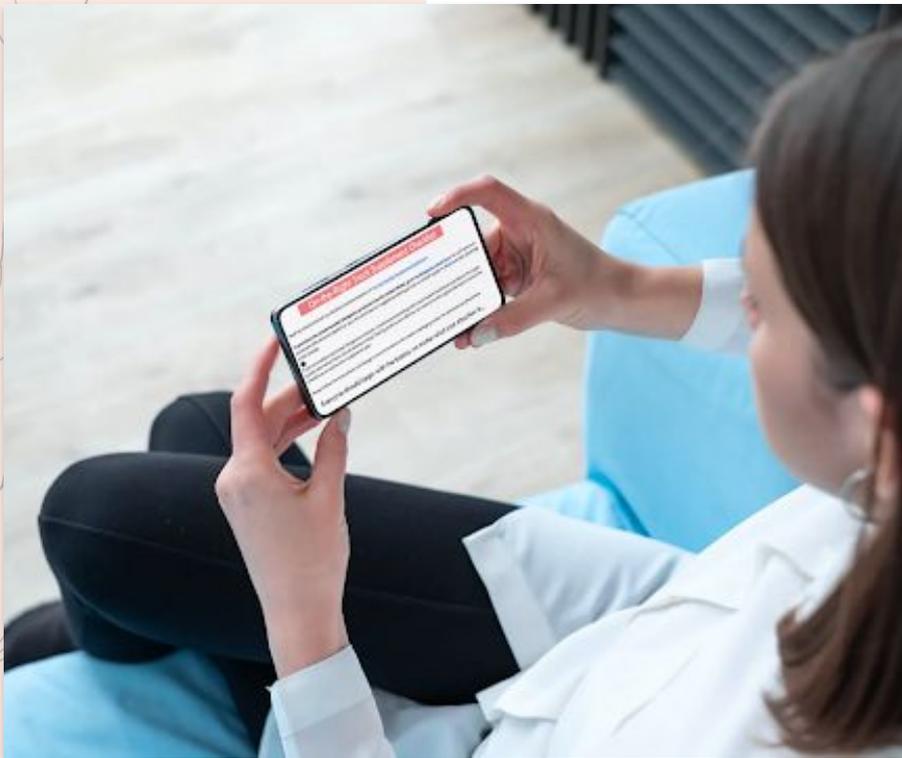
Live Q&A
starting soon

HEIDI *brockmyre*



Got questions?
Type them in the chatbox

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How to get your stay-to-end bonus gift...

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\$300 OFF

→ *if you pay in FULL*

Only 5 monthly payments of \$297 (instead of 6)

→ *if you select the payment plan at checkout*



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To recap, you'll get...



Module 1 Fertility Activation Method™ 4 Phase Protocols

Module 2 Fertility Activation Wellness™ Kit

Module 3 Empowered Fertility Tracking™ Program

Module 4 Fertility Activation Mindset™ Kit

Bonus! Fertility Boost Protocols

Bonus! FAM™ for Fertility Treatment Cycle

Bonus! Male Fertility Activation™ System

Bonus! Pregnancy Support Protocol

Bonus! Private FAM™ Facebook Support Group Access



Plus Downloadable Exercises

WORTH OVER \$12,000

~~\$297 x6~~

\$297 x5

or

~~\$1597 x1~~

\$1297 x1

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